

# FIRST AID - UNREGULATED

## First Aid at Work &

## Forestry First Aid F+

This course covers the Health and Safety Executive's requirements for one or more first aiders in the workplace and the requirements of Forestry Commissions First Aid policy. The three-day **extended** course provides learners with comprehensive skills to deal with common first aid injuries working in the outdoor environment. This includes the unconscious casualty, CPR, burns, medical conditions, catastrophic bleeds, extremes of temperature and Lyme disease.



### INTENDED AUDIENCE

This course is suitable for individuals appointed as first aiders in the workplace, especially:

- ➔ Tree surgeons
- ➔ Forestry Commission workers
- ➔ Farmers
- ➔ Individuals working remote environment

### SYLLABUS

- ➔ The role and responsibilities
- ➔ Assessing an incident
- ➔ Managing an unresponsive casualty
- ➔ CPR and defibrillation
- ➔ Recovery Position
- ➔ Choking
- ➔ Heart Attack, Stroke
- ➔ Asthma, Diabetes, Anaphylaxis
- ➔ Epilepsy
- ➔ Burns and scalds
- ➔ Wounds and bleeding
- ➔ Shock
- ➔ Chest injuries
- ➔ Sprains, strains and dislocations
- ➔ Fractures
- ➔ Head and spinal injuries
- ➔ Poisoning
- ➔ Eye injuries
- ➔ Extremes of temperature
- ➔ Catastrophic bleeding
- ➔ Lyme disease
- ➔ Adder snake bite

### INCLUDED IN PRICE

The price includes:

- ✓ Electronic certification
- ✓ First Aid Made Easy
- ✓ Forestry FA books
- ✓ Discount on first aid kit
- ✓ Equipment per pair
- ✓ 3-days **Extended** training

### ITEMS TO BRING

All resources are provided for the course.

**Candidates will need photographic identification as part of the registration process with the Awarding Body.**

### COURSE SPECIFICATION

Online .....	No
Prerequisite .....	No
Accredited .....	No
Course Duration .....	3 days
Guided Learning Hours .....	20
Total Qualification Time (Hrs) .....	20
Certificate Level .....	Unaccredited
Credits .....	0
Max Participants .....	12
Min Age .....	14
Pre-course work .....	No
Post course work .....	No
Assessment .....	Practical
Renewal .....	3 Years

**FROM JUST £93**

PER PERSON  
BASED ON 12

### ASSESSMENT

We ensure candidates have reached the required standards through practical ongoing assessments throughout the day and by an end-of-day quiz.

### CERTIFICATION

Successful candidates will be issued with a First Aid at Work and Forestry First Aid F+ certificate by Dewi Development Ltd.

### CANDIDATE NEEDS

This course is open to all. If there are any learning or physical needs, these should be notified in advance of the course to see what reasonable adjustments can be made.

### LOCATION

We deliver the training course at a venue of your choosing. This can be a training room at your offices or a hired venue to give candidates space away from work. It will require:

- ✓ Room big enough for up to 12 people to sit in a horse shoe
- ✓ Tables for group work and assessments
- ✓ Projector and screen with computer connection, but we can arrange to provide this.

Book at [dewidevelopment.co.uk](http://dewidevelopment.co.uk) or call +44 01792 824141

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