

FIRST AID - REGULATED

Level 3 Award in

First Aid at Work

This course covers the Health and Safety Executive's requirements for one or more first aiders in the workplace. The three-day course provides learners with comprehensive skills to deal with common first aid injuries at work and to keep someone safe until the emergency services arrive. The course covers lifesaving skills, including scene management, the unconscious patient, major bleeds, fractures and common medical conditions.

INTENDED AUDIENCE

This course is suitable for individuals appointed as first aiders in the workplace, especially:

- ➔ Construction
- ➔ Industrial sites
- ➔ Large sites
- ➔ Working in the community

SYLLABUS

- ➔ The role and responsibilities
- ➔ Assessing an incident
- ➔ Managing an unresponsive casualty
- ➔ CPR and defibrillation
- ➔ Recovery Position
- ➔ Heart Attack
- ➔ Stroke
- ➔ Choking
- ➔ Epilepsy
- ➔ Asthma
- ➔ Diabetes
- ➔ Anaphylaxis
- ➔ Shock
- ➔ Head and spinal injuries
- ➔ Chest injuries
- ➔ Wounds and bleeding
- ➔ Fractures
- ➔ Sprains, strains and dislocations
- ➔ Minor injuries
- ➔ Burns and scalds
- ➔ Poisoning
- ➔ Eye injuries

INCLUDED IN PRICE

The price includes:

- ✓ Awarding Body electronic certification
- ✓ First Aid Made Easy book
- ✓ Discount on first aid kit
- ✓ Equipment per pair
- ✓ 3-days training with great trainers

ITEMS TO BRING

All resources are provided for the course.

Candidates will need photographic identification as part of the registration process with the Awarding Body.

ASSESSMENT

As a regulated qualification there are assessments to ensure the candidates have reached the required standard.

There is two multi-choice papers and 7 practical assessments which are built into the observations of the day.

CERTIFICATION

Successful candidates will be issued with an Ofqual regulated Level 3 Award in First Aid at Work by the awarding body Quasafe.



COURSE SPECIFICATION

| | |
|--------------------------------------|---------------------|
| Online | No |
| Prerequisite | No |
| Accredited | Yes |
| Course Duration | 3 days |
| Guided Learning Hours | 18 |
| Certificate Level | Level 3 |
| Total Qualification Time (Hrs) | 22 |
| Credits | 2 |
| Max Participants | 12 |
| Min Age | 14 |
| Pre-course work | No |
| Post course work | No |
| Assessment | Practical & Written |
| Renewal | 3 Years |

FROM JUST £99

PER PERSON
BASED ON 12

LOCATION

We deliver the training course at a venue of your choosing. This can be a training room at your offices or a hired venue to give candidates space away from work. It will require:

- ✓ Room big enough for up to 12 people to sit in a horse shoe
- ✓ Tables for group work and assessments
- ✓ Projector and screen with computer connection, but we can arrange to provide this.

CANDIDATE NEEDS

This course is open to all. If there are any learning or physical needs, these should be notified in advance of the course to see what reasonable adjustments can be made.