

# FIRST AID - REGULATED

## Level 3 Award in First Aid at Work - Blended Learning



This course covers the Health and Safety Executive's requirements for one or more first aiders in the workplace.

The course includes 1-day interactive e-learning covering the theory and 2-days face-to-face focused on practical skills while ensuring candidates have understood the theory. This allows candidates to study at their pace and saves a day's travel and venue costs.

### INTENDED AUDIENCE

This course is suitable for individuals appointed as first aiders in the workplace, especially:

- ➔ Construction
- ➔ Industrial sites
- ➔ Large sites
- ➔ Working in the community

### SYLLABUS

- ➔ The role and responsibilities
- ➔ Assessing an incident
- ➔ Managing an unresponsive casualty
- ➔ CPR and defibrillation
- ➔ Recovery Position
- ➔ Heart Attack
- ➔ Stroke
- ➔ Choking
- ➔ Epilepsy
- ➔ Asthma
- ➔ Diabetes
- ➔ Anaphylaxis
- ➔ Shock
- ➔ Head and spinal injuries
- ➔ Chest injuries
- ➔ Wounds and bleeding
- ➔ Fractures
- ➔ Sprains, strains and dislocations
- ➔ Minor injuries
- ➔ Burns and scalds
- ➔ Poisoning
- ➔ Eye injuries

### INCLUDED IN PRICE

The price includes:

- ✓ Access to the e-learning resources
- ✓ First Aid Made Easy book
- ✓ Discount on first aid kit
- ✓ Equipment per pair
- ✓ 2-days of face-to-face training

### PRE-COURSE

Candidates will need to complete 6-hours of interactive e-learning prior to attending the face-to-face session. Candidates who do not complete the e-learning will not be able to attend the face-to-face session as the

### LOCATION

We deliver the training course at a venue of your choosing. This can be a training room at your offices or a hired venue to give candidates space away from work. It will require:

- ✓ Room big enough for up to 12 people to sit in a horse shoe
- ✓ Tables for group work and assessments
- ✓ Projector and screen with computer connection, but we can arrange to provide this.

### ITEMS TO BRING

All resources are provided for the course.

**Candidates will need photographic identification as part of the registration process with the Awarding Body.**

### ASSESSMENT

As a regulated qualification there are assessments to ensure the candidates have reached the required standard.

There is two multi-choice papers and 7 practical assessments which are built into the observations of the day.



### COURSE SPECIFICATION

Online .....	50%
Prerequisite .....	No
Accredited .....	Yes
Course Duration .....	2 day
Guided Learning Hours .....	18
Certificate Level .....	Level 3
Total Qualification Time (Hrs) .....	22
Credits .....	2
Max Participants .....	12
Min Age .....	14
Pre-course work .....	E-learning
Post course work .....	No
Assessment .....	Practical & Written
Renewal .....	3 Years

**FROM JUST £99** PER PERSON  
BASED ON 12

### CERTIFICATION

Successful candidates will be issued with an Ofqual regulated Level 3 Award in First Aid at Work by the awarding body Quasafe.

### CANDIDATE NEEDS

This course is open to all. If there are any learning or physical needs, these should be notified in advance of the course to see what reasonable adjustments can be made.