

# FIRST AID - REGULATED

## Level 3 Award in First Aid at Work & Forestry First Aid F+



This course covers the Health and Safety Executive's requirements for one or more first aiders in the workplace and the requirements of Forestry Commissions First Aid policy. The three-day **extended** course provides learners with comprehensive skills to deal with common first aid injuries working in the outdoor environment. This includes the unconscious casualty, CPR, burns, medical conditions, catastrophic bleeds, extremes of temperature and Lyme disease.

### INTENDED AUDIENCE

This course is suitable for individuals appointed as first aiders in the workplace, especially:

- ➔ Tree surgeons
- ➔ Forestry Commission workers
- ➔ Farmers
- ➔ Individuals working remote environment

### SYLLABUS

- ➔ The role and responsibilities
- ➔ Assessing an incident
- ➔ Managing an unresponsive casualty
- ➔ CPR and defibrillation
- ➔ Recovery Position
- ➔ Choking
- ➔ Heart Attack, Stroke
- ➔ Asthma, Diabetes, Anaphylaxis
- ➔ Epilepsy
- ➔ Burns and scalds
- ➔ Wounds and bleeding
- ➔ Shock
- ➔ Chest injuries
- ➔ Sprains, strains and dislocations
- ➔ Fractures
- ➔ Head and spinal injuries
- ➔ Poisoning
- ➔ Eye injuries
- ➔ Extremes of temperature
- ➔ Catastrophic bleeding
- ➔ Lyme disease
- ➔ Adder snake bite

### INCLUDED IN PRICE

The price includes:

- ✓ Awarding Body electronic certification
- ✓ First Aid Made Easy & Forestry FA books
- ✓ Discount on first aid kit
- ✓ Equipment per pair
- ✓ 3-days **Extended** training

### ITEMS TO BRING

All resources are provided for the course.

**Candidates will need photographic identification as part of the registration process with the Awarding Body.**

### ASSESSMENT

As a regulated qualification there are assessments to ensure the candidates have reached the required standard.

There is three multi-choice papers and 8 practical assessments which are built into the observations of the day.

### CERTIFICATION

Successful candidates will be issued with an Ofqual regulated Level 3 Award in First Aid at Work and Level 3 Award in Forestry First Aid F+ by the awarding body Quasafe.



### COURSE SPECIFICATION

Online .....	No
Prerequisite .....	No
Accredited .....	Yes
Course Duration .....	3 days
Guided Learning Hours .....	20
Certificate Level .....	Level 3
Total Qualification Time (Hrs) .....	25
Credits .....	3
Max Participants .....	12
Min Age .....	14
Pre-course work .....	No
Post course work .....	No
Assessment .....	Practical & Written
Renewal .....	3 Years

**FROM JUST £110**

PER PERSON  
BASED ON 12

### CANDIDATE NEEDS

This course is open to all. If there are any learning or physical needs, these should be notified in advance of the course to see what reasonable adjustments can be made.

### LOCATION

We deliver the training course at a venue of your choosing. This can be a training room at your offices or a hired venue to give candidates space away from work. It will require:

- ✓ Room big enough for up to 12 people to sit in a horse shoe
- ✓ Tables for group work and assessments
- ✓ Projector and screen with computer connection, but we can arrange to provide this.

Book at [dewidevelopment.co.uk](http://dewidevelopment.co.uk) or call +44 01792 824141

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